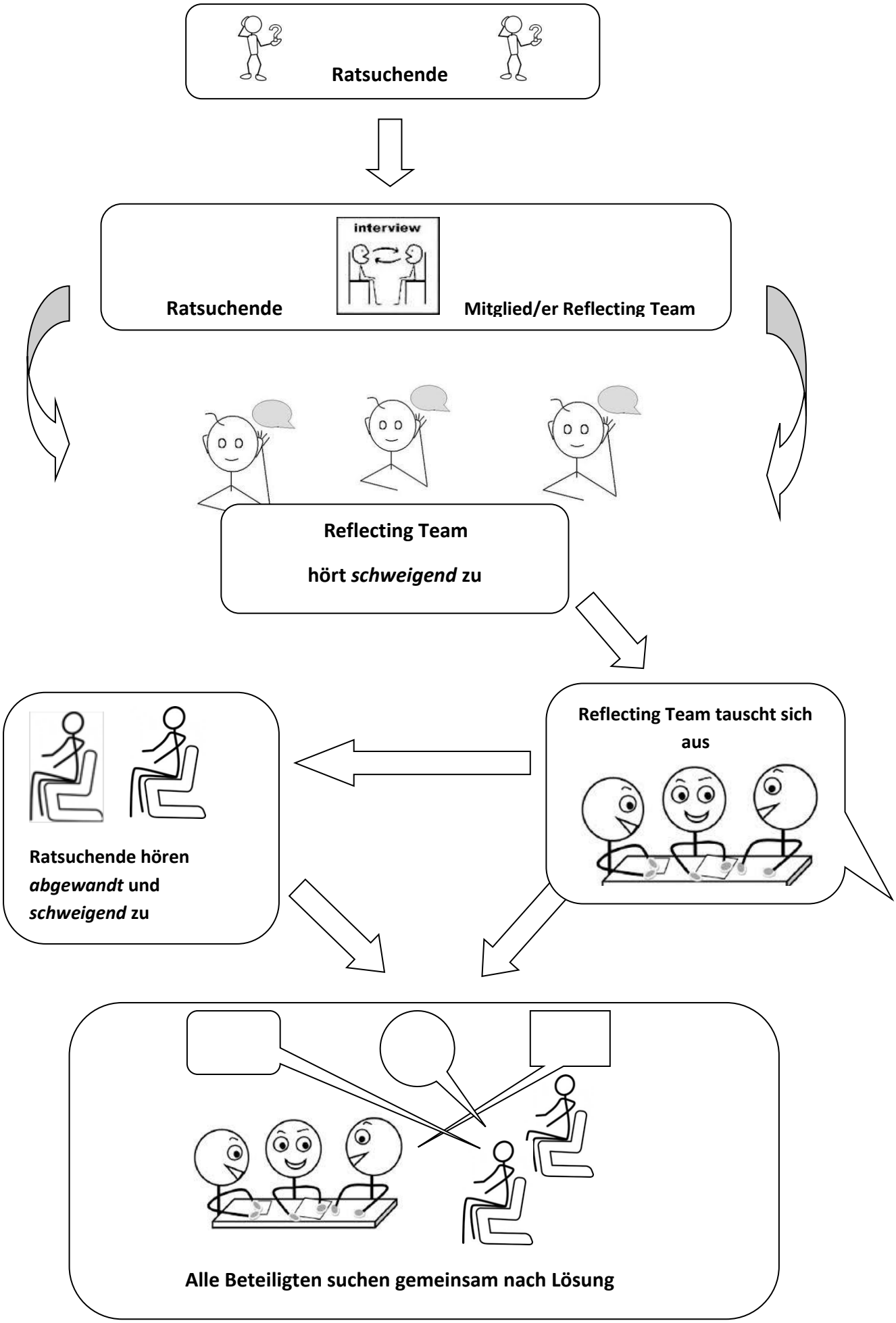Ablauf einer Reflecting Team - Sitzung